

[Welcome to FSHS!](#)

The Finnish Student Health Service (FSHS) is an expert in student health care and, as a student in higher education, provides you with general health, oral health and mental health services and promotes the well-being of study communities. Read about services from [yths.fi web pages](#).

You can use FSHS services during the fall semester 2021 in case you are studying for your bachelor's or master's degree and you have paid the health care fee to Kela.

Using FSHS services – also remotely

Your need for treatment will be assessed before booking an appointment for FSHS services, read more <https://www.yths.fi/en/using-services/booking-appointment/> Contact information and opening hours of our service units can be found on our website <https://www.yths.fi/en/service-units/>

You can also do business with FSHS online and remotely. Self is a student's own online service through which you can maintain your contact information, manage appointments, chat, or arrive at a remote reception. Read more about Self [yths.fi/en/self-info](https://www.yths.fi/en/self-info) and log in as a user right at the beginning of the study year.

The health care fee is paid to Kela

The health care fee for students in higher education is paid to Kela, and FSHS provides health care services to students. We do not charge a service fee for receptions. Learn more <https://www.yths.fi/en/using-services/service-fees/>

Student health information online

You can also find health information in the FSHS Health information resource <https://www.yths.fi/en/health-information/health-information-resource/> where a wide range of articles related to student health, illness, mental health and oral health have been compiled.