



Safety and security during exchange studies

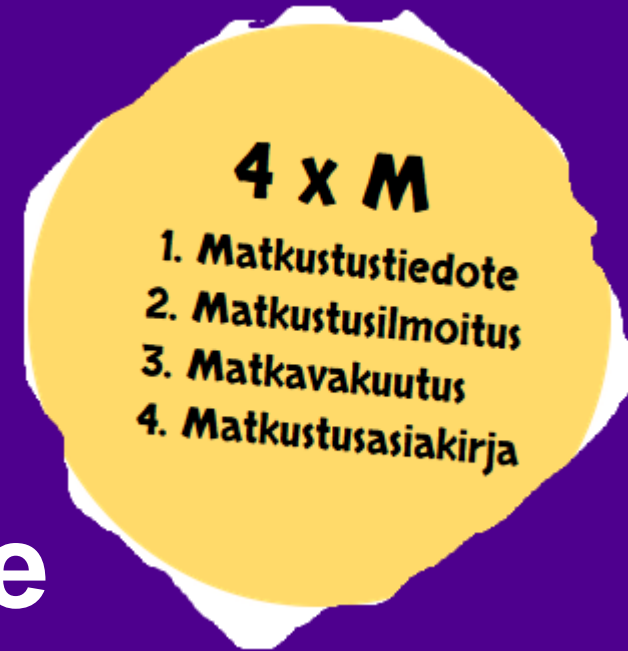
TAMK 2022

The main aim for this presentation is to give information and raise your awareness, not to frighten...



***...however, we all know that
we are not living in a perfect
world,
so bad things can happen***

Four M's (in Finnish) and T's (in English)



Matkustustiedote

Travel notice

Matkustusilmoitus

Travel announcement

Matkavakuutus

Travel insurance

Matkustusasiakirjat

Travel documents



Matkustustiedote, Travel notice

Ministry for Foreign



Affairs of Finland

Ulkoministeriö



Utrikesministeriet

Matkustustiedotteet A-Ö

**Check these in advance,
even the ones concerning Europe**



RSS-syöte



A B **C** D E F G H I J K L M N O
P Q R S T U V Y Z

A

Afganistan: matkustustiedote

Poistu välittömästi maasta

1.9.2021



Alankomaat: matkustustiedote

Noudata erityistä varovaisuutta

25.2.2022



Albania: matkustustiedote

UM:n matkustustiedotteet

Matkustustiedotteet sisältävät pitkän aikavälin tietoa maan tai alueen yleisestä turvallisuustilanteesta. Tieto on tarkoitettu matkustajan oman päätöksenteon tueksi.

Tiedotteita julkaistaan niistä maista, joissa Suomella on edustusto tai joista edustustot muuten pystyvät hankkimaan luotettavaa tietoa:


Suomen ulkomaanedustustot >

Matkustustiedotteet ja niiden tilaaminen >



Travel Advice in English



<https://www.gov.uk/foreign-travel-advice>



Tell us what you think of GOV.UK [Close](#)
[Take a short survey to give us your feedback](#)

Foreign travel advice

Search for a country or territory

Get updates  [email](#)  [feed](#)

Countries or territories

225

A

Afghanistan	Albania
Algeria	Andorra
Angola	Anguilla
Antigua and Barbuda	Argentina
Armenia	Aruba
Australia	Austria
Azerbaijan	



13.4.2022

Belgia: matkustustiedote

Turvallisuustaso

Noudata erityistä varovaisuutta

Muut turvallisuustason tiedot

Belgia on turvallinen matkailumaa. Terrori-iskujen mahdollisuutta ei voida sulkea pois muiden Euroopan maiden tavoin. Koronarajoitukset ovat voimassa.

Rikollisuus

Belgia on Euroopan väkirikasta risteysaluetta ja rikostilastovertailussa Belgia sijoittuu Euroopan kärkisijoille. Katurikollisuutta esiintyy erityisesti suurempien kaupunkien keskustassa kuten myös Brysselin EU instituutioiden lähellä. Tasku- ja laukkuvarkaudet ovat yleisiä varsinkin julkisissa kulkuneuvoissa, museoissa ja kirkoissa. Matkailijoihin on kohdistunut myös lieviä pahoinpitelyjä ryöstötilanteessa. Öiseen aikaan ja humalassa liikkumista kaupungilla kannattaa välttää.

Automurrot ovat yleisiä Belgiassa. Pysäköityyn autoon ei kannata jättää arvotavaroita näkyviin. Ajaessa auton ovet kannattaa pitää lukittuna. Liikennevaloissa varkaat saattavat pysähtyä auton rinnalle ja varastaa käden ulottuvilla olevat tavarat, jopa rikkomalla ikkunan.

Belgian poliisin verkkosivu <https://www.police.be/en>

An example

Foreign travel advice

Belgium

[Summary](#)

[Safety and security](#)

[Terrorism](#)

[Local laws and customs](#)

[Entry requirements](#)

[Health](#)

[Money](#)

[Travel advice help and support](#)

Theft and pick pocketing is a problem in crowded areas. Take care of your belongings and passports at all train stations in Brussels. See [Crime](#)

Terrorists are very likely to try to carry out attacks in Belgium. Attacks could happen anywhere, including on public transport and transport hubs and in other places visited by foreigners. See [Terrorism](#)



Matkustusilmoitus, Registration of Finns Abroad

Ministry for Foreign



Affairs of Finland

Ulkoministeriö



Utrikesministeriet

<https://um.fi/registration-of-finns-abroad>

Registration of Finns abroad

<https://um.fi/matkustusilmoitus>

We urge Finnish citizens travelling abroad and especially those travelling or moving to risk-prone regions to register with us at the [matkustusilmoitus.fi](https://um.fi/matkustusilmoitus) service.

A travel registration means that you give

- your personal data
- valid contact details during your journey
- your itinerary

to the Ministry to be used **in case of an emergency or crisis situation.**

Online ▼

As a text message (SMS message) ▼

Registration of personal data and their handling in crisis situations ▼

Signing up for the service is voluntary ▼

Consular Services Act: Maintenance of a register and its use ▼

It is important to do this, so that you can be contacted by Finnish authorities in case of emergency





Matkavakuutus, Travel insurance

TAMK's instructions / insurance

[on and international partnerships](#) > Content targeting: TAMK student ▼
[students](#)

Outgoing exchange students

[Edit in Content machine](#)

 Tampere University and TAMK
  Personnel + Student

[Internal application round at TAMK](#) | [Application to receiving institution](#) |

[Practicalities before going abroad](#) | [During the exchange](#) | [After the exchange](#) |

[Important documents and links](#)

Remember the insurance **whenever you travel**, not only now when TAMK demands it!

Insurances

All students going abroad for student exchange must have a broad insurance cover. Here you can see which insurances are required and whose responsibility they are:

	Student exchange / Opiskelijavaihto
Personal accident insurance (tapaturma, ryhmä)	TAMK (world wide)
Business liability insurance (vastuuvakuutus)	TAMK (not USA and Canada)
Travel insurance for free time, including medical costs, repatriation (matkavakuutus)	Student

All students must acquire a travel and health care insurance for free-time activities, this is also one condition of the grant. The grant will not be paid unless you fill in the insurance number to the grant agreement.

TAMK's instructions / EHI Card



For studying in the EU/EEA or Switzerland you need:

- Travel and health care insurance for free-time activities (including medical costs and repatriation)
- [European Health Insurance Card](#) which completes but does not replace the travel and health care insurance. The European Health Insurance Card is available to everyone covered under the Finnish health insurance system.

For studying outside the EU you need:

- Travel and health care insurance for free-time activities (including medical costs and repatriation)



Matkustusasiakirjat, Travel documents



Finnish citizens' passport and other travel documents

Passports and identity cards are travel documents. In Finland they are applied from the Police. A driving licence is not a travel document or an official identity card. When you need a passport abroad, you must apply for it in the Finnish mission in the country where you are staying. Finnish missions may issue also identity cards as of 1 January 2017.



**Passport / ID Card
Visa
Insurance Card
EHI Card
Tickets
Hotel bookings
etc. etc.**

NB! Driving Licence is not accepted as an official ID, not even in the Nordic countries

Vaccinations - make sure, that you take / have all necessary or compulsory vaccinations and do it in time before your travel

ROKOTE.FI

Matkailijan rokoteopas Lasten rokoteopas Aikuisten rokoteopas Rokotteilla ehkäistävät taudit Tietoa rokotteista Punkki-taudit **gsk**

Turvallista matkaa

Tästä oppaasta löydät helposti tietoa matkoilla tarvitsemistasi rokotteista ja siitä, miten voit suojautua riskeiltä matkan aikana.
Kysy lisää lääkäriltä tai terveydenhoitajalta.

Mikä on hepatiitti? →

Matkailijan rokoteopas Testaa riskisi Matkailijan muistilista Usein kysyttyä Hepatiittitarinat Matkailuvideoita **Varaa aika**

[Aikuisten rokoteopas](#) →
[Lasten rokoteopas](#) →
[Matkailijan rokoteopas](#) →

Matkailijan rokoteopas

Maakohtaiset suositukset – top 20

1 Thaimaa →	6 Vietnam →	11 Meksiko →	16 Arabiemiirikunnat →
2 Turkki →	7 Australia →	12 Japani →	17 Filippiinit →
3 Kap Verde →	8 Espanja →	13 Kroatia →	18 Egypti →
4 Etelä-Afrikka →	9 Indonesia →	14 Malesia →	19 Kuuba →
5 Kiina →	10 Kreikka →	15 Singapore →	20 Sri Lanka →

**Emergency number in Europe
is**

112

Learn what it is where you stay!

Pay attention or check an exit in:

- Hotel
- Hostel
- Dormitory
- Auditoriums
- Classrooms
- Airplane, train, bus...
- Wherever you stay or live

so that you know the way out in an emergency



Some pieces of advise:

- **Take a picture of or scan all your important documents and send them to your email**
- **Some surviving people had only their swimming suit on or what was left, when the tsunami hit them in Thailand on the Boxing Day of 2004**
- **In any case, do not keep all those documents and your credit card / cash in one place**

- **Find out in advance the contact information of the Finnish Embassy or Consulate in your destination country (or the nearest if there isn't one in it).**
 - **Remember that they can offer help in case of trouble, but they don't eg. pay your trip back to Finland. That's one reason why you need an insurance.**

- **You know the conduct norms of Finland (or your home country) but not necessarily of your destination country.**
 - **ask from the natives and learn from them**
 - **areas where it's safe to go and where not**
- **It's a different thing to live abroad than visit there as a tourist. As an inhabitant you need to take care a lot of things that a tourist doesn't.**



**You may face things that you
have not even thought about
before – like racism!**

It's you who are a foreigner!

**If something unexpected happens
remember to inform your:**

- Int'l Services of your destination
university**
- TAMK Int'l Services**

In the end it's the attitude that counts!

Case TAMK student in

**THE GLASGOW
SCHOOL OF ART**





Long story in short. A TAMK student who lost all her money, passport, bank card etc. when they were stolen from her temporarily accommodation in a hostel in Glasgow, UK.

She loaned some money from GSA Int'l Office, to come to Finland to sort things out and went back because...



**”... otherwise than that everything is
so damn well and fine here!”**



Have a safe and secure exchange period!

Not to forget keeping the safe distance, wearing a face mask, remembering hand and coughing hygiene and all other possible necessities concerning Coronavirus matters!

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