

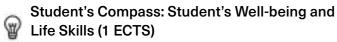
Study support workshops and groups 2025–2026 Well-being and study skills

Period 1 Period 2 Period 3 Period 4



Orientation: Service Fair

Wed 20.8. at 10–15, City centre campus Thu 21.8. at 10–15, Hervanta campus



lecture: Introduction to Student's Compass Duration of the course 25.8.–12.10. Lecture on Thu 28.8. at 14.15–15, online

Info session about individual study arrangements
Fri 29.8. at 11.00–11.30. online

Study & stay III: make the most out of your second year
Wed 10.9. at 14.30–16, City centre

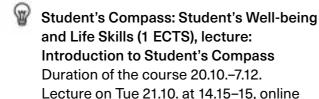
Puhutaan suomea! conversation club
Starting on week 36, alternating every other week on City centre campus and every other week on Hervanta campus.

To support productivity:

Get Stuff Done study sessions
Weekly, starting on week 36, City centre
and hybrid online

Get Thesis Done
Starting week 39, on Mondays in Hervanta
and on Tuesdays City Centre

Thesis weekend
Almost every weekend during
September-December



Calendar Care – Manage your time, workshop Tue 21.10. at 14–16, Hervanta

Tools for better concentration
Mon 3.11. at 14–16, Hervanta

Learning Academic Text and Preparing for Exams
Wed 26.11. at 14–16, City centre

Joint lectures: Study & stay II: internship and summer jobs Mon 1.12. at 10–12, online

Puhutaan suomea! conversation club
Alternating every other week on City centre
campus and every other week on Hervanta
campus.

To support productivity:

Get Stuff Done study sessions
Weekly, at City centre and hybrid online

Get Thesis Done
on Mondays in Hervanta and
on Tuesdays City centre

Thesis weekend
Almost every weekend in
September-December



Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass

Duration of the course 5.1.–22.2. Lecture on Thu 8.1. at 14.15–15.00, online



Info session about individual study arrangements

Fri 9.1. at 13.00-13.30, online



What motivates me? workshop Tue 3.2. at 14–16, City Centre

Calendar Care –
Manage your time, workshop
Thu 12.2. at 14–16, City Centre



Puhutaan suomea! conversation club

Starting on week 4. Alternating every other week on City centre campus and on Hervanta campus.

To support productivity:

Get Stuff Done study sessions
Weekly, City centre and hybrid

Get Thesis Done

Schedule to be confirmed, City Centre and Hervanta

Thesis weekend

Schedule to be confirmed, City Centre and Hervanta



Student's Compass: Student's
Well-being and Life Skills (1 ECTS), lecture:
Introduction to Student's Compass and
Psychological Flexibility

Duration of the course 2.3.–26.4. Lecture on Tue 3.3. at 14.15–15, online

Learning Academic Text and Preparing for Exams Tue 24.3. at 14–16, City centre

Study & stay IV: graduating international student Wed 25.3. at 10.15–11, online

Puhutaan suomea! conversation club
Alternating every other week in City centre campus and Hervanta campus.

To support productivity:

Get Stuff Done study sessions Weekly, City centre and hybrid

Get Thesis Done
Schedule to be confirmed,
City Centre and Hervanta

Thesis weekend
Schedule to be confirmed,
Hervanta



Changes may occur.
Check Student's guide for latest details.





