

Study support workshops and groups 2025–2026

Well-being and study skills

Period 1

-  **Orientation: Service Fair**
Wed 20.8. at 10–15, City centre campus
Thu 21.8. at 10–15, Hervanta campus
-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS)**
lecture: Introduction to Student's Compass
Duration of the course 25.8.–12.10.
Lecture on Thu 28.8. at 14.15–15, online
-  **Info session about individual study arrangements**
Fri 29.8. at 11.00–11.30, online
-  **Study & stay III: make the most out of your second year**
Wed 10.9. at 14.30–16, City centre
-  **Puhutaan suomea! conversation club**
Starting on week 36, alternating every other week on City centre campus and every other week on Hervanta campus.
- To support productivity:**
-  **Get Stuff Done study sessions**
Weekly, starting on week 36, City centre and hybrid online
-  **Get Thesis Done**
Starting week 39, on Mondays in Hervanta and on Tuesdays City Centre
-  **Thesis weekend**
Almost every weekend during September-December

Period 2

-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass**
Duration of the course 20.10.–7.12.
Lecture on Tue 21.10. at 14.15–15, online
-  **Calendar Care – Manage your time, workshop**
Tue 21.10. at 14–16, Hervanta
-  **Tools for better concentration**
Mon 3.11. at 14–16, Hervanta
-  **Learning Academic Text and Preparing for Exams**
Wed 26.11. at 14–16, City centre
-  **Joint lectures: Study & stay II: internship and summer jobs**
Mon 1.12. at 10–12, online
-  **Puhutaan suomea! conversation club**
Alternating every other week on City centre campus and every other week on Hervanta campus.
- To support productivity:**
-  **Get Stuff Done study sessions**
Weekly, at City centre and hybrid online
-  **Get Thesis Done**
on Mondays in Hervanta and on Tuesdays City centre
-  **Thesis weekend**
Almost every weekend in September-December

Period 3

-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass**
Duration of the course 5.1.–22.2.
Lecture on Thu 8.1. at 14.15–15.00, online
-  **Info session about individual study arrangements**
Fri 9.1. at 13.00–13.30, online
-  **What motivates me? workshop**
Tue 3.2. at 14–16, City Centre
-  **Calendar Care – Manage your time, workshop**
Thu 12.2. at 14–16, City Centre
-  **Puhutaan suomea! conversation club**
Starting on week 4. Alternating every other week on City centre campus and on Hervanta campus.
- To support productivity:**
-  **Get Stuff Done study sessions**
Weekly, City centre and hybrid
-  **Get Thesis Done**
Schedule to be confirmed, City Centre and Hervanta
-  **Thesis weekend**
Schedule to be confirmed, City Centre and Hervanta

Period 4

-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass and Psychological Flexibility**
Duration of the course 2.3.–26.4.
Lecture on Tue 3.3. at 14.15–15, online
-  **Learning Academic Text and Preparing for Exams**
Tue 24.3. at 14–16, City centre
-  **Study & stay IV: graduating international student**
Wed 25.3. at 10.15–11, online
-  **Puhutaan suomea! conversation club**
Alternating every other week in City centre campus and Hervanta campus.
- To support productivity:**
-  **Get Stuff Done study sessions**
Weekly, City centre and hybrid
-  **Get Thesis Done**
Schedule to be confirmed, City Centre and Hervanta
-  **Thesis weekend**
Schedule to be confirmed, Hervanta



Changes may occur.
Check Student's guide
for latest details.

