














Study support workshops and groups 2026–2027

Well-being and study skills








Period 1

-  **Orientation: Service Fair**
Tue 25.8. at 10–15, City Centre Campus
Wed 26.8. at 10–15, Hervanta
-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass and Psychological Flexibility**
Duration of the course 24.8.–11.10.
Lecture on Thu 27.8. at 14.15–15, online
-  **Info session about individual study arrangements**
Fri 28.8. at 11.00–11.30, online
-  **Study & stay III: make the most out of your second year**
Tue 8.9. at 14.30–16, City centre
-  **Neurodivergent students' meetup**
Tue 6.10. 14.00–15.00, City Centre
-  **Puhutaan suomea! conversation club**
Alternating every other week on the City Centre campus and every other week on the Hervanta Campus. Starting on week 36.
-  **Get Thesis Done**
Starting week 39, on Tuesdays, on City Centre
-  **Thesis weekend**
Almost every weekend during September–December, Hervanta








Period 2

-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass and Psychological Flexibility**
Duration of the course 19.10.–6.12.
Lecture on Tue 20.10. at 14.15–15, online
-  **Calendar Care – Manage your time**
Wed 21.10. at 14–16, Hervanta
-  **Puhutaan suomea! conversation club**
Alternating every other week on the City Centre Campus and every other week on the Hervanta Campus. Starting on week 43.
-  **Get Thesis Done**
on Tuesdays City centre
-  **Thesis weekend**
Almost every weekend in September–December, Hervanta

Period 3

-  **Info session about individual study arrangements**
Fri 8.1. at 13.00–13.30, online
-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass and Psychological Flexibility**
Duration of the course 11.1.–28.2.
Lecture on Thu 12.1. at 14.15–15.00, online
-  **What motivates me? workshop**
Tue 2.2. at 13.30–15.30, City Centre
-  **Calendar Care – Manage your time workshop**
Wed 10.2. at 14–16, City Centre
-  **Puhutaan suomea! conversation club**
Alternating every other week on City centre campus and on Hervanta campus. Starting on week 4.
-  **Get Thesis Done**
on Tuesdays, City Centre
-  **Thesis weekend**
Almost every weekend from January until May, Hervanta

Period 4

-  **Student's Compass: Student's Well-being and Life Skills (1 ECTS), lecture: Introduction to Student's Compass and Psychological Flexibility**
Duration of the course 8.3.–2.5.
Lecture on Tue 9.3. at 14.15–15, online
-  **Compassion as a resource in studying**
Tue 16.3. at 10.15–11.30, online
-  **Neurodivergent students' meetup**
Wed 17.3. 14–15, Hervanta
-  **Study & stay IV: graduating international student**
Wed 31.3. at 10.15–11, online
-  **Puhutaan suomea! conversation club**
Alternating every other week on City centre campus and Hervanta campus. Starting on week 10.
-  **Get Thesis Done**
on Tuesdays City Centre
-  **Thesis weekend**
Almost every weekend in January–May, Hervanta



Together



Expert advice



Info

STUDY & STAY

Changes may occur.
Check Student's guide
for latest details.




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Study support workshops and groups 2026–2027

Career planning


Period 1


 **Career Boost Workshop on campus, by International House Tampere**
Mon 28.09. at 14.00–16.00, Hervanta


 **CV support**
Wed 7.10. at 13.30–15.30, Hervanta


Period 2


 **Introduction to career planning**
Mon 26.10. at 10–12, online


 **Working in Finland and alumni stories**
Mon 2.11. at 16–18, online


 **Career Boost Workshop on campus, by International House Tampere**
Thu 5.11 at 14.00–16.00, City Centre


 **Working in Finland and alumni stories**
Mon 9.11. at 16–18, online

 **Recognize your skills**
Wed 11.11. at 14–16, City Centre


 **Job hunting in Finland, lecture**
Mon 23.11. at 10–12, Hervanta


 **Study & stay II: internship and summer jobs**
Mon 30.11. at 10–12, online


 **CV support**
Wed 2.12. at 13.30–15.30, City centre


 **Career Boost Workshop on campus, by International House Tampere**
Mon 7.12. at 14.00–16.00, Hervanta


Period 3

 **The CV & Cover letter**
Tue 26.1. at 13.30–15.30, online


 **CV support**
Wed 3.2. at 13.30–15.30, Hervanta


 **Career Boost Workshop on campus, by International House Tampere**
Thu 4.2. at 14.00–16.00, City


 **The Job Interview, workshop**
Tue 16.2. at 13.30–15.30, City centre


 **Career Boost Workshop on campus, by International House Tampere**
Thu 25.2. at 14.00–16.00, Hervanta

Period 4

 **The Job Interview, workshop**
Wed 10.3. at 13.30–15.30, Hervanta

 **CV support**
Wed 17.3. at 13.30–15.30, City centre

 **Career Boost Workshop on campus, by International House Tampere**
Thu 1.4. at 14.00–16.00, Hervanta

 **Recognize your skills**
Wed 7.4. at 14–16, Hervanta



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